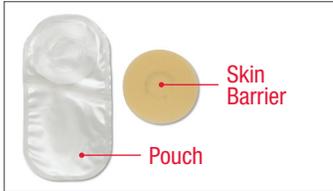


Pouchkins Premie Pouching System

Collect Supplies



Gather pouch, skin barrier, measuring guide, scissors, pen, water, and gauze, cotton balls, or tissue.

Remove Used Pouching System



Carefully lift an edge of the adhesive and peel downward, gently pushing the skin away from the skin barrier. Properly dispose of used pouch. Do not flush down toilet.

Clean and Dry Skin



Clean the skin with water or with a gentle soap as recommended by your healthcare professional. Rinse and dry thoroughly. Do not use oils, powder, lotion, or lotion-type soaps on the skin.

Prepare the Skin Barrier and Pouch



Measure the stoma using a stoma measuring guide before every barrier application.



Trace the determined barrier size opening onto the skin barrier. The skin barrier should fit where the skin and stoma meet. Verify that no skin is showing between the skin barrier and the stoma to help prevent leakage and skin irritation.



Using small curved scissors, carefully cut an opening in the skin barrier to match the pattern. Do not cut beyond the line on the release liner.



Remove the release liner from the pouch.



With the paper side of the skin barrier facing up, center the skin barrier on the adhesive of the pouch. Hold together for 10 seconds. No adhesive should be visible beyond the skin barrier.

Apply the New Pouching System



Remove the release liner from the skin barrier. Set aside with the adhesive facing up.



Center the skin barrier opening over the stoma. Apply gentle pressure to the skin barrier for about a minute for best adhesion.

Tips

- The Premie pouch (3777) is intended for low-birthweight infants and has a capacity of 10 cc. If the capacity is insufficient, consider a larger pouch such as the Newborn pouch (3778)
- If using the premie pouch as a drainable pouch, carefully cut off the bottom above the seam. If too much is cut off, the pouch capacity will be diminished
- Apply the soft wire closure at end and fold ends securely. Refer to detailed instructions in box
- The skin around the stoma should not be irritated or broken. If the skin is irritated, contact a WOC/ET Nurse or ostomy specialist
- The Pouchkins stickers (included in each box) can be placed on the pouch to identify the date and time the pouch was changed

Additional Information

- *Caring for Your Child with an Ostomy* (an educational booklet for parents and caregivers of infants with ostomies)
- *Can They Still Wiggle and Giggle* (a coloring book for children who want to know more about ostomies)

